		Winte	Winter Pool Schedule	qule			
	MONDAY	TUESDAY	TUESDAY WEDNESDAY THURSDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM	3:30-5:00 PM   9:00 AM - Noon	1:00-4:30 PM
GUARDED	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:30 PM	1:00-4:30 PM	
OPEN SWIM	10:30 AM-Noon	10:30 AM-Noon	10:30 AM-Noon 10:30 AM-Noon 10:30 AM-Noon	10:30 AM-Noon	10:30 AM-Noon		
UNGUARDED	1:00-3:30 PM	1:00-3:30 PM	1:00-3:30 PM 1:00-3:30 PM 1:00-3:30 PM 1:00-3:30 PM	1:00-3:30 PM	1:00-3:30 PM		
LAP&ADULT SWIM						8:00am-9:00am NOON-1:00 PM	NOON-1:00 PM
GUARDED	5:00-6:00 PM	5:00-6:00 PM	5:00-6:00 PM	5:00-6:00 PM	5:00-6:00 PM	NOON-1:00 PM	
LAP&ADULT SWIM 5:15AM-8:00am 5:15AM-8:00am 5:15AM-8:00am 5:15AM-8:00am 5:15AM-8:00am	5:15AM-8:00am	5:15AM-8:00am	5:15AM-8:00am	5:15AM-8:00am	5:15AM-8:00am		
UNGUARDED	NOON-1:00 PM	NOON-1:00 PM	NOON-1:00 PM	NOON-1:00 PM NOON-1:00 PM NOON-1:00 PM NOON-1:00 PM	NOON-1:00 PM		
H.S. CLASS	8:00-9:30 AM	8:00-9:30 AM	8:00-9:30 AM 8:00-9:30 AM	8:00-9:30 AM	8:00-9:30 AM		
WATER	6:30-7:30 AM		6:30-7:30 AM		6:30-7:30 AM		
AEROBICS	9:30 - 10:30 AM	9:30 - 10:30 AM	9:30 - 10:30 AM	9:30 - 10:30 AM	9:30 - 10:30 AM		
		5:10-6:00 PM		5:10-6:00 PM			
SWIM TEAM	7:00-8:00 PM	7:00-8:00 PM	7:00-8:00 PM	7:00-8:00 PM			

#### **General Pool Rules:**

- \*DURING OPEN SWIM THERE WILL BE A POOL BREAK CALLED AT EVERY 10 MINUTES TO THE HOUR.
- \*MAX OF 25 SWIMMERS PER LIFEGUARD DURING OPEN SWIM, WITH A 2 HOUR TIME LIMIT PER SWIMMER
- \*WHEN NO LIFEGUARD IS ON DUTY, LIFE JACKETS WILL NOT BE PROVIDED
- \*WHEN LIFEGUARDS ARE ON DUTY, WE WILL HAVE A LIMITED AMOUNT OF LIFE JACKETS AVAILABLE
- \*CHILDREN MUST BE ACCOMPANIED AT ALL TIMES IN THE POOL AREA BY A PARENT/GUARDIAN
- \*CHILDREN UNDER 8 MUST BE WITHIN ARMS LENGTH OF PARENT/GUARDIAN DURING UNGUARDED OPEN SWIM

Program Registration Info All program registrations MUST be completed at the center. No class sign-ups will be taken over the phone. Members must have paid annual, seasonal, 6 months, or annual with monthly payments before program sign ups. Also, all fees must be paid when registering for classes. Classes may be cancelled due to inclement weather or if minimum enrollment is not met.



STURGIS COMMUNITY CENTER 1401 Lazelle St. Sturgis, SD 57785 347-6513

# **Staff**

Rod Heikes – Director
Judy Duprel – Office Director
Shelby Weisz – Recreation Director
Judd Crowser – Maintenance

# **Facility Hours**

Monday – Friday: 5:00am – 8:00pm Saturday: 8:00am -5:00pm Sunday: 12:00pm -5:00pm





#### **Water Aerobics**

Monday, Wednesday, Friday 6:30am-7:30am or 9:30am-10:30am Tuesday & Thursday 9:30am -10:30am

# **Deep Water**

Tuesday & Thursday 5:10pm – 6:00pm

#### Free for Members!

Non Members: \$35(8 week session)

## Yoga

Tuesdays – 6:00pm Thursdays – 6:00am Saturdays – 9:30am

**Members Free!** 

Non-Members: \$5.00 per class

## **HIIT CLASSES**

Mondays & Thursdays – 5:30pm

Bosu HIIT Sundays -4:00pm

Free for Members!

Non-Members:

\$5.00 per class

#### **CIRCUIT CLASSES**

Tuesdays - 12:15-12:45 Fridays - 4:00-4:30

**Members - Free!** 

Non-Members: \$5.00 per class





## **Land Aerobics**

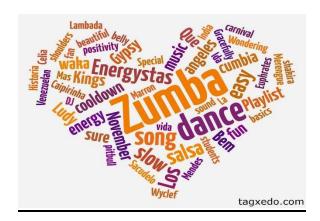
Mondays – Fridays 5:00am -5:45am

**Members: FREE** 

Non-Members: \$5.00 per class

### Zumba

Mondays 6:30pm \$10 Class walk in \$7 class with 10 punch card \*SCC Members receive 10% discount



# **2024 Membership Fees**

<u>Annual Memberships</u>				
(Paid in Full)				
Family	2	\$404		
	3-4	\$452		
	\$498			
<b>Adult (19</b> 8	\$294			
Student(6-	\$163			
Senior(62 8	\$180			
Senior Cou	\$282			
Annual Membership (Monthly payments) Family 2 \$40				
raining	3-4	\$44		
	5 +	\$48		
Adult (19 & Older)		\$30		
Student(6-18)/College		\$22		
Senior(62	\$22			
Senior Cou	\$29			
Annual Membership				

# (Automatic Withdrawal)

Family 2 \$38 3-4 \$41 5 + \$44

Adult (19 & Older) \$29 Student(6-18)/College \$21 Senior (62 & older) \$21 Senior Couple \$28

\*All prices include tax\*

\*Check out our 1 month, 3 months, & 6-month memberships and walking memberships!